

Directions of Health Policies for Children and Adolescents with Disabilities in Taiwan

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Abstract

For fulfilling the goals of extending the life expectancy and improving the health equality of the general population, our aims of the present paper was proposing future health policy directions for children and adolescence with disabilities. We suggest the health authorities should adopt the following strategies to improve health for this group of people (1) strengthening healthy education activities, such as nutrition, fitness and healthy education policies; (2) increasing knowledge of daily healthy living, such as life knowledge, safety awareness and healthy risk prevention; (3) providing health information for families of with children and adolescence with disabilities, such as parent-child education and community acceptance policies; and finally (4) enforcing reproductive health education, such as body-physiological knowledge, psychological , personal relationship, and self-protection (sexual assault, sexual harassment) educations.

Keywords: Children and adolescent with disabilities, health education, health policy, health promotion