

The study of participating volunteer service and successful aging of older adult

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Abstract

The volunteer service is becoming very prevalent over the world. The International Year of Volunteer was announced by the United Nations in 2001 to encourage volunteerism over the world. Our government has announced the Law of Volunteer Service also in 2001.

The purpose of this study is to explore the relationship between participating volunteer service and successful aging of older adult. The sample is selected by snowball sample, consisted of 8 older adult who participate volunteer service. Data is collected by semi-structure in-depth interview, after coding and analysis, yielded the following results:

1. Older adult participate various kinds of volunteer service.
2. The gain of participating volunteer service focus on mind and spiritual.
3. Among the determinants of successful aging, health dimension is foremost.
4. To participate volunteer service can foster the successful aging of older adult.

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According to results, this research proposed following suggestions:

1. To cooperating with religious organization, and encourage older adult to participate volunteer service.
2. To recognizing the importance of health and participating social activities actively.
3. To recruiting retired senior, and to form various kind of volunteer service organizations.
4. To promoting the concept of younger older service elder older adult.

