

The investigation of older adults' life satisfaction

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ABSTRACT

Accompanied by the coming of aging society, the accommodation and perception of older adults' has become an important issue in Gerontology. Owing to life satisfaction has been regarded as an important indicator of older adults' life quality, in order to understand the concept of life satisfaction, this paper will explore the meaning, measurement, correlates and investigation of older adults' life satisfaction.

The sample for this investigation consisted of 705 persons. The instrument is revised from Salamon-Conte Life Satisfaction in the Elderly Scale, which contained six dimensions, including taking pleasure in daily activities, goodness of fit between desire and achieved goals, positive mood tone, regarding life as meaningful, positive self-concept, social contacts.

Statistical analysis yielded the following results:

1. Life satisfaction of older adult is high.
2. The influencing correlates of life satisfaction including: education, marriage, health situation, economic situation and residence situation.
3. According to regression model, education, health situation and economic situation have highest predictability to older adults' life satisfaction, which can analysis 25.1% variance.

Key Word: older adult, life satisfaction

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