

Active Ageing: Exploring the elderly Volunteers' Experience and future image.

The wave of ageing population is sweeping the world, along with the rising standard of living and advanced medical technology. Whether developing countries or developed countries are facing the emerging issue of so-called “Ageing Society”. The impact of ageing population on society is comprehensive, ranging from political, economic, cultural, institutional to education. The challenge of becoming old is an inevitable process for each elderly person.

This research attempts to use the micro-level viewpoint of elderly people as lens to peek into the difference and impact on elderly when they participate the volunteer activities during and after. Besides underlying relationship of the elderly's social network is explored, in order to sum up the factors of how to create “Active Ageing”. Finally, adopting futures thinking and an interdisciplinary perspective to construct images of the future for elderly volunteers. Some possible suggestions for policy making are also provided.

Keyword : Ageing Society 、volunteers 、Active Ageing