

The Research on the Benefits of Strawflower Arrangement Activity by Female Worker¹

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ABSTRACT

This research studied the horticulture therapy of strawflower arrangement by female worker. We found this activity had obvious improvement on (1) cognition of flower culture (2) social and communication (sharing, communication desire, participating) (3) emotion (interest, sense of rest, achievement...) (4) inspire (sense of unique, able to control, self-esteem, self confidence). The activity had significant effect between pretest and posttest. We found the activity had good effect of horticultural therapy of strawflower arrangement. We also found that there have no significant between posttest and after 8 months posttest. The effect of horticulture therapy of strawflower arrangement still remained 8 months.

Key word: horticultural therapy, psychology, strawflower, flower arrangement.



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