

## Forming, Training of Collegiate Athletic Teams

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### Abstract

Since intercollegiate athletic competitions play a vital role for promoting the level of physical activity of colleges students, most of colleges and universities have formed various athletic teams. For collegiate athletes, they not only carry the mission of winning medals but also the responsibility of building up the school's reputation. Though the high performance of athletic teams may enhance school's reputation, the forming, training and managing collegiate athletic teams are currently facing several challenges in many colleges. These challenges include the source of athletes, lack of facilities and funding, inefficient administration, etc. Based on literature review and the authors' experience of coaching teams, this paper aims to explore the status of collegiate athletic teams and address the issues faced by institutions, coaches, and athletes, and then propose solutions for their reference in forming, training and managing school athletic teams.

**Keywords:** collegiate athletic teams, forming and training teams, team management

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