

The Application of Music on Caring for People with Hemodialysis

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Abstract

Taiwan has the highest incidence of end-stage renal disease in the world. There were 57,001 patients with end-stage renal disease in June 2009, and 90.6% of them were receiving hemodialysis treatment. During the time-consuming process of hemodialysis, patients come under physical, psychological and social pressure. They often feel anxious, depressed, helpless and even hopeless. Music therapy is a simple, economical and effective care procedure that helps patients to relax, reduces anxiety and counters negative emotions by helping patients pass the time during dialysis their quality of life is improved.

Key words: music, hemodialysis, end-stage renal disease

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