

Nursing Experience from a Systemic Lupus Erythematosus Patient Receiving Peritoneal Dialysis For the First Time

*Mei-Hsiu Cheng Pi-Chi Wu **

Abstract

The aim of this article is to describe the nursing experience of an SLE patient with ESRD who received peritoneal dialysis for the first time. Information was collected via observation, physical examination, direct nursing and history taking from January 3, 2007 to February 9, 2007. In addition, Roy's Adaptation Model for complete evaluation was used, revealing that this patient had body fluid overload, conflict decisions, situational low self-esteem and anxiety. By establishing trust and partnership, the patient was assisted in making the appropriate medical treatment decision and prioritizing the patient's priorities. By providing health education and sharing experiences from other patients, we increased the patient's understanding of the concerned disease. Actual visits to the dialysis center helped the patient to differentiate between H/D and CAPD, while the patient's mother's participation assisted this patient in the selection of a suitable form of dialysis. Incorporating relaxation therapy, we have decreased the patient's anxiety regarding surgery, allowing the patient to learn the skills of CAPD self-care. It is our hope that through this nursing experience, we can help to enlighten other nursing staff members when encountering patients under similar situations.

Key words : continuous ambulatory peritoneal dialysis (CAPD), systemic lupus

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RN, Ward 11B, Chang Gung Memorial Hospital Kaohsiung Branch

HN, Ward 11B, Chang Gung Memorial Hospital Kaohsiung Branch *

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Correspondence : Pi-Chi Wu, No. 123, Ta-Pei Rd., Niao Sung Hsiang, Kaohsiung 833, Taiwan

Telephone : (07) 7317123 ext 2656 E-mail : wpc6213@yahoo.com