

Review Article

A Good Ending—Holistic Care for Patients with Head and Neck Cancers

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Abstract.

Terminal head and neck cancer is one of the most distressing ways a person may die as it affects the patient's quality of life widely. The comprehensive multidisciplinary management of patients' physical, psychosocial, and spiritual needs will enhance the possibility of patients and their families obtaining the best quality of life. This includes adequate symptom control, being treated as a whole person and achieving a sense of completion. By such holistic care, patients will experience a peaceful ending.

Keywords : Head and neck cancers, Hospice palliative care, Quality of life, Good death

綜合評論

頭頸部癌症患者的安寧療護

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中文摘要

末期頭頸部癌症對生活品質的廣泛影響，使其成為最痛苦的死亡之一。完整而全方位的照顧，針對患者身心靈需求的提供，特別是足夠的症狀控制、整體性的評估及