

The Lived Experience of Contraceptive Use in Unmarried Female University Students

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Abstract

The Purpose of this study was to explore lived experience of contraceptives use in unmarried female university students. The study adopted a descriptive phenomenological method. Data were collected through one-on-one interviews and document was dictated. The data were classified and categorized based on Colaizzi content analysis

The analysis Interview findings showed that personal experience in contraceptive use by unmarried female university students can be categorized into the following four themes: they soaked in the pleasant feeling of sexual life and they want sex without pregnancy; After passion, they're worried about the possibility of pregnancy; Since mistakes have been done, they have no choice but swallow the bitter fruit; evaluation of the sincerity of her sexual partner whether interest in continuing the relationship.

The findings of this study may guide parents, teachers and school officials in providing sexual education and may provide nursing staff with information how to care about the pregnant adolescent.

Key words: Contraception, lived experience.

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