

A Nursing Care Experience of a Long-term Hemodialysis Patient with Human Immunodeficiency Virus

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Abstract

This article explored the nursing experience of a long-term hemodialysis patient with human immunodeficiency virus (HIV). This patient was accidentally infected with HIV through blood transfusion. When the diagnosis was confirmed, he could not adapt but rather was disturbed in three aspects: his physiology, psychology and social interactions. The patient's nursing process occurred from 1st of May 2004 to the 31st of January 2005. Observing, listening and conversation skills were used to collect related data. High risk of being infected, malnutrition, hopelessness and body image disturbance were evident from the client's situation. According to his adaptation needs, Roy's nursing model was applied to the patient. By sincere concern, sympathy and acceptance during the nursing process, a trusting relationship between the author and the client was established. Therefore, the patient could better deal with the impact of HIV infection and positively adapt to further treatment. The author shared this experience as reference for nurses who will deal with similar clients.

Key words : hemodialysis, human immunodeficiency virus

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