

An analysis on winning model of world top table tennis players-A case study of Ma Lin winning 2008 Beijing Olympic men's singles gold medal

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Abstract

The subject of this study is the male table tennis player-Ma Lin, who has the most fighting spirit in the China National Sports Team. The research scope includes all the competitors he has met in his every single table tennis game in 2008 Beijing Olympic Games. The purpose of this study is to analyze and explore the score variation of Ma Lin in winning the gold medal, in order to conclude his success model of winning the championships, as well as to provide domestic young players a principle for training in the future. The conclusions are as below:

1. An advantage of ideal game start is a key point to victory.
2. Under the situation of falling behind, it requires good reversal victory ability.
3. With respect to the demonstration of players' skills, currently, every table tennis player has his own unique technique to perform without obvious weakness. Furthermore, an excellent table tennis player is supposed to be equally good at offence and defense in his own style.

Key words: table tennis, reversal victory, technique and tactics, winning model.